

Christ Church and St Mark's

Parish Information Sheet for August and September 2019

Do Come and Join us:

Service details and other events are listed in each "month" and some of them are featured below.

Coffee, Tea and Cakes (including Book Swap)



Our coffee mornings are normally at Christ Church from 10am to 12 noon on the first Saturday of every month.

Also: Bring a book and swap it with another for free; Buy a book for 50p.

Please note that coffee and chat will be on **3rd August 10am till 12noon.**

However, in September it will be on the second Saturday that month, i.e.

14th September from 10am till 1pm.

This is because of the bike ride from Church to Church that day.

All Welcome.

Tuesday Circle

At St Mark's is a monthly afternoon meeting of a social kind. Anyone who enjoys instructive talks, quizzes, crafts, competitions, the occasional outing, and refreshments is welcome.

Men's Breakfast

Meets monthly at 7am on a Saturday morning.

Open to men who enjoy a fry up while sharing one another's interests and putting the world to rights.

'JOIN US FOR A CUPPA'



at ST MARK'S CHURCH
Every Saturday

**July 13th to August 31st 2019
From 2pm-4pm**

An opportunity to meet new and existing friends for a catch up.

On August 17th the "Cuppa" will be in the Garden at the Vicarage (weather permitting).

All Welcome

Gather Round ... Ladies

Is an all-age women's group meeting monthly, normally on a Tuesday at Christ Church. It is open to all who want to get to know one another better and to explore issues of mutual interest. Refreshments are provided and a small contribution towards the cost of visiting speakers is welcome (but not compulsory).

Gather
Ladies
Round

Several church members have joined other people to take part in an enjoyable **Chair Supported Yoga** class at St Mark's, run by Yoga instructor Helen.

A lot of the exercises are done sitting down, and although quite a few are standing, it's always with the chair within reach for support! We're of widely ranging abilities, but we just do what we can and when we can't, Helen finds another way for us to achieve the same result. There is not a lot of aerobic exercise and we don't have to get down on the floor, so we don't need special clothes, as long as we can move freely in what we wear.

We've really benefitted from this class: it helps stretch our bodies all over, so eases aches and pains, and that is very helpful for relaxing and sleeping at night. We would like to encourage others to come and join us. Each class costs £6 and they will re-start at St Mark's on Monday 23rd September, from 11am to 12 noon.

For more information, see the posters in church or call Helen on 07984 429255.

DATES IN AUGUST 2019

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|----------------------------------|---|
| 3rd Sat 10.00am-12.00noon | <i>Coffee, Tea & Cakes</i> in Christ Church |
| 3rd Sat 2.00-4.00pm | <i>Join us for a Cuppa</i> at St Mark's |
| 4th Sun 8.00am | <i>Holy Communion</i> at Christ Church |
| 4th Sun 9.30am | <i>Service of the Word with Holy Communion</i> at St Mark's |
| 4th Sun | POSTPONED TILL NEXT WEEK Fairtrade Stall at St Mark's |
| 4th Sun 11.00am | <i>Service of the Word</i> at Christ Church |
| 4th Sun 6.30pm | <i>Churches Together in North Watford and Garston Evening Service</i> at Grace Communion, St Peter's, Bushey Mill Lane |
| 7th Wed 10.00am | <i>Holy Communion (Book of Common Prayer)</i> at Christ Church |
| 7th Wed 11.00am | <i>Morning worship</i> at Courtland Lodge |
| 10th Sat 9.30-11.00am | <i>Lift Off! Messy Breakfast</i> at St Mark's |
| 10th Sat 2.00-4.00pm | <i>Join us for a Cuppa</i> at St Mark's |
| 11th Sun 9.30am | <i>Morning Prayer</i> at St Mark's |
| 11th Sun 10.30am | <i>Fairtrade Stall</i> after the service at St Mark's |
| 11th Sun 10.45am | <i>Coffee before Parish Communion</i> at Christ Church |
| 11th Sun 11.15am | <i>Parish Communion</i> at Christ Church |
| 11th Sun 4.30pm | <i>Churches Together in North Watford and Garston Evening Service</i> at All Saints, Leavesden off Horseshoe Lane |
| 14th Wed 10.00am | <i>Holy Communion (Book of Common Prayer)</i> at Christ Church |
| 17th Sat 10.00am-2.00pm | <i>Lift Off! Garden Club</i> at Christ Church Vicarage |
| 17th Sat 2.00-4.00pm | <i>Join us for a Cuppa</i> will be in The Garden at the Vicarage (weather permitting) |
| 18th Sun 9.30am | <i>Parish Communion</i> at St Mark's with Canon Richard Bartlett from USPG |
| 18th Sun 11.00am | <i>Morning Prayer</i> at Christ Church with Canon Richard Bartlett from USPG |
| 18th Sun 12.00noon | <i>Fairtrade Stall</i> after the service at Christ Church |
| 18th Sun | There will be NO Messy Church at 4pm |
| 18th Sun 6.30pm | <i>Churches Together in North Watford and Garston Evening Service</i> at Garston Community Church, St Albans Road |
| 20th Tue 2.30pm | <i>Tuesday Circle</i> at St Mark's: Fun and Games |
| 21st Wed 10.00am | <i>Holy Communion (Book of Common Prayer)</i> at Christ Church |
| 24th Sat 9.30-11.00am | <i>Lift Off! Messy Breakfast</i> at St Mark's |
| 24th Sat 2.00-4.00pm | <i>Join us for a Cuppa</i> at St Mark's |
| 25th Sun 9.30am | <i>Morning Prayer</i> at St Mark's |
| 25th Sun 11.00am | <i>Parish Communion</i> at Christ Church |
| 27th Tue 9.30am-2.30pm | <i>Lift Off! Holiday Club</i> at St Mark's |
| 28th Wed 9.30am-2.30pm | <i>Lift Off! Holiday Club</i> at St Mark's |
| 28th Wed 10.00am | <i>Holy Communion (Book of Common Prayer)</i> at Christ Church |
| 31st Sat 2.00-4.00pm | <i>Join us for a Cuppa</i> at St Mark's: last of the Summer |

Russian Choir Concert at Christ Church

The Resurrection (voskresenije) Choir of Saint Petersburg will be performing at Christ Church on Friday 29th November.

We have been asked to provide accommodation for 9 people for one night after the concert and provide breakfast. And transport to their next appointment at the airport for their flight home



The Voskresenije Choir, who are all internationally trained at the world class St Petersburg Conservatoire and conducted by musical director by Jurij Maruk, sing a concert programme in two parts. A sample performance is the first half concentrating on Russian sacred music by such composers as Rahmaninov, Chesnokov and Bortniansky, and the second a series of Russian folk songs, which allow in particular each of the performers to provide a solo.

Their conductor, Jurij Maruk, was born in 1961 in Barnaul, West Siberia. In 1976 he began to study music and conducting at the local music facility in Barnaul. After finishing musical school he was admitted to the Novosibirsk State Conservatory (1980-1985) in Professor Boris Pevsner's class. At this time he worked with the Chamber Choir (Novosibirsk) directed by Pervsner, who was working in close cooperation with the Wladimir Minin Choir in Moscow. Between 1987 and 1989, Jurij Maruk worked at the Mariinsky Theatre (opera and ballet) in St Petersburg as a choir singer. Here he had his initial experience as a conductor and artistic leader of the Mariinsky Theatre (sacred music). Between 1990 and 1992, Maruk worked as the choirmaster of the St Petersburg Radio and Television Choir.

A previous visit by some choir members conducting at the local music facility in Barnaul. After finishing musical school he was admitted to the Novosibirsk State Conservatory (1980-1985) in Professor Boris Pevsner's class. At this time he worked with the Chamber Choir (Novosibirsk) directed by Pervsner, who was working in close cooperation with the Wladimir Minin Choir in Moscow. Between 1987 and 1989, Jurij Maruk worked at the Mariinsky Theatre (opera and ballet) in St Petersburg as a choir singer. Here he had his initial experience as a conductor and artistic leader of the Mariinsky Theatre (sacred music). Between 1990 and 1992, Maruk worked as the choirmaster of the St Petersburg Radio and Television Choir.

He then founded the vocal ensemble Resurrection -Voskresenije in Russian - in 1993. It consists of seven to ten professional female and male vocalists. They sing A-Capella (without complement.) The repertoire of the ensemble includes Russian Sacred Music as well as folk music. Guest performances in Germany, Switzerland, Norway, Austria, the UK, France and Italy, as well as YouTube and the BBC, have met with great success, and the choir has recorded several CDs of their repertoire, which includes some especially composed arrangements of Burns songs by John McIntosh. Website <http://voskresenije.blogspot.com>

More details of the concert in Christ Church will be included in the next Parish Information Sheet.

Buy House/Contents Insurance and benefit your Church!

This is the last year when the Ecclesiastical Insurance Office (E.I.O) is offering £130 to the Church for each House/Contents Insurance policy purchased by a member of the congregation. This is to celebrate their 130th Anniversary and I and another church member have already taken out a policy, benefitting the Church by £260. We have both found the premiums quoted very reasonable, so if your house/contents policy is up for renewal, please try E.I.O. for a quote.

Their website is www.ecclesiastical.com/Trust130 and nominate Christ Church Watford to receive their donation of £130. You don't have to accept their quote but you do have to take out a policy to claim the £130. Give them a try – please!

Ray Andrews - Treasurer



CHILDREN'S SOCIETY

Is there anyone who would be willing to take over the administration of the Children's Society Boxes?

It will mean opening the boxes in February or March, or if someone has a full box earlier, they usually let me know.

There are about 40 boxes out at the moment. It will require Banking and sending the totals to the Society.

Please think about it and have a word with me if you are interested.

Margaret Andrews (01923 672974)



**A VERY BIG THANK YOU FROM WATFORD FOODBANK
for your generosity and a reminder to keep it up.**

The number of people needing the help of the Foodbank in Watford is sadly still high and rising, as in the rest of the country.

Many families with primary school age children who receive free school meals will be feeling an extra pinch in the budget for the six weeks summer holidays. Luckily children who are entitled to Free School Meals are also entitled to a Foodbank Voucher during all school holidays and Schools have been issuing vouchers to all those they identify will be in the greatest need of this support.

Therefore please remember to continue buying just one item or more, if you feel you can, each time you shop to donate into the collection boxes at our churches weekly.

Items needed are:-

- Tinned Meat & Fish
- Long Life Milk
- Long Life Fruit Juice
- Sugar - Small packets
- Tea Bags - Small packets
- Coffee - Small jars
- Individual Sponge Puddings
- Tinned Rice Pudding & Tinned Custard
- Tinned Fruit
- Jam/Peanut Butter
- Breakfast Cereals - Small boxes
- Rice - small or individual packets
- Instant Mash Potato
- Tinned vegetables
- Tinned Tomatoes
- Tins of Soup
- Biscuits
- Snacks & Crisps
- Pasta Sauces

THANK YOU.

DATES IN SEPTEMBER 2019

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|-----------------------------|---|
| 1st Sun 8.00am | <i>Holy Communion at Christ Church</i> |
| 1st Sun 9.30am | <i>Service of the Word with Communion at St Mark's</i> |
| 1st Sun 10.30am | <i>Fairtrade Stall after the service at St Mark's</i> |
| 1st Sun 11.00am | <i>Service of the Word at Christ Church</i> |
| 2nd Mon 3.45-4.45pm | <i>Lift Off! Explorers at St Mark's</i> |
| 3rd Tue 9.30-11.00am | <i>Lift Off! Messy Tots at St Mark's</i> |
| 3rd Tue 7.30pm | <i>Churches Together in N Watford & Garston business meeting at Garston Community Church</i> |

DATES IN SEPTEMBER 2019 (contd.)

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|-----------------------------------|---|
| 4th Wed 10.00am | <i>Holy Communion (Book of Common Prayer) at Christ Church</i> |
| 4th Wed 11.00am | <i>Morning Worship at Courtland Lodge</i> |
| 6th Fri 4.30-6.00pm | <i>Lift Off! Ignite at St Mark's</i> |
| 6th Fri 7.00pm | <i>Lift Off! Supper for volunteers</i> |
| 7th Sat | <i>Coffee, Tea & Cakes POSTPONED to next Saturday</i> |
| 8th Sun 9.30am | <i>Morning Prayer at St Mark's (with 1st of a series of 3 sermons on children in church. (Children, Baptism and Communion))</i> |
| 8th Sun 11.00am | <i>Parish Communion and Sunday School at Christ Church (with 1st of a series of 3 sermons on children in church. (Children, Baptism and Communion))</i> |
| 9th Mon 3.45-4.45pm | <i>Lift Off! Explorers at St Mark's</i> |
| 9th Mon 7.30pm | <i>St Mark's Committee at the Vicarage</i> |
| 10th Tue 9.30-11.00am | <i>Lift Off! Messy Tots at St Mark's</i> |
| 10th Tue 7.45 for 8.00pm start | <i>Gather Round ...Ladies in Christ Church halls</i> |
| 11th Wed 10.00am | <i>Holy Communion (Book of Common Prayer) at Christ Church</i> |
| 11th Wed 7.30pm | <i>PCC Meeting at St Mark's</i> |
| 13th Fri 4.30-6.00pm | <i>Lift Off! Ignite at St Mark's</i> |
| 14th Sat 9.30-11.00am | <i>Lift Off! Messy Breakfast at St Mark's</i> |
| 14th Sat 10.00am- 1.00pm | <i>Coffee, Tea & Cakes in Christ Church from 10am till 1pm. This has been moved from last Saturday because of the bike ride from Church to Church today</i> |
| 15th Sun 8.00am | <i>Holy Communion at Christ Church, followed by breakfast</i> |
| 15th Sun 9.30am | <i>Parish Communion at St Mark's</i> |
| 15th Sun 11.00am | <i>Morning Prayer at Christ Church</i> |
| 15th Sun 12.00noon | <i>Fairtrade Stall after the service at Christ Church</i> |
| 15th Sun 4.00-6.00pm | <i>Messy Church at Christ Church</i> |
| 16th Mon 3.45-4.45pm | <i>Lift Off! Explorers at St Mark's</i> |
| 17th Tues 9.30-11.00am | <i>Lift Off! Messy Tots at St Mark's</i> |
| 17th Tue 2.30pm | <i>Tuesday Circle at St Mark's: "Heroines of South West Herts" (talk)</i> |
| 18th Wed 10.00am | <i>Holy Communion at Christ Church</i> |
| 20th Fri 4.30-6.00pm | <i>Lift Off! Ignite at St Mark's</i> |
| 21st Sat 10.00-2.00pm | <i>Lift Off! Garden Club at Christ Church Vicarage</i> |
| 22nd Sun 9.30am | <i>Morning Prayer at St Mark's</i> |
| 22nd Sun 11.00am | <i>Parish Communion and Sunday School at Christ Church</i> |
| 23rd Mon 3.45-4.45pm | <i>Lift Off! Explorers at St Mark's</i> |
| 24th Tue 9.30-11.00am | <i>Lift Off! Messy Tots at St Mark's</i> |
| 25th Wed 10.00am | <i>Holy Communion (Book of Common Prayer) at Christ Church</i> |
| 27th Fri 4.30-6.00pm | <i>Lift Off! Ignite at St Mark's</i> |
| 28th Sat 7.30am | <i>Men's Breakfast at St Mark's</i> |
| 28th Sat 9.30-11.00am | <i>Lift Off! Messy Breakfast at St Mark's</i> |
| 29th Sun 8.00am | <i>Holy Communion at Christ Church</i> |
| 29th Sun 10.30am | <i>Joint Harvest Service of the Word at Christ Church. Followed by a shared lunch</i> |
| 30th Mon 3.45-4.45pm | <i>Lift Off! Explorers at St Mark's</i> |

CHRIST CHURCH & ST MARK'S, WATFORD MISSION STATEMENT

WE ARE people who are drawn together by our Christian belief and our response to God.

WE BELIEVE that God reveals himself to us in many ways as Father, Son and Holy Spirit, and that people can live in a loving relationship with God and with each other in Christ.

WE AIM to follow Christ's teaching and example, living a full life in every community in which we are involved, sharing our faith with others through example, worship and service.

We are a Fairtrade parish.

We use only fairly traded tea and coffee at our church events.

Fairtrade stalls are held after the main morning services:

at St Mark's on the 1st Sunday in the month and

at Christ Church on the 3rd Sunday in the month.



DIGITAL PARISH INFORMATION SHEET

The full colour version of the current Information Sheet may soon be available from our website: www.christchurchandstmarkswatford.org.uk or contact the office to receive a copy by email.

THE NEXT EDITION

The next edition of the Information Sheet is scheduled to be published at the end of September, to cover all events in October and November.

If you have any articles, dates or information for inclusion, please send them to Duncan or the Parish Office via email to ccwatford@btinternet.com by 19th September.

www.christchurchandstmarkswatford.org.uk

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Vicar:

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Readers:

Mrs Sue Pankhurst, 2 Albert Road North (249139)

Church Warden:

Mr Paul Pratchett email: paulpratchett@hotmail.com
Mr David Miller email dmiller949@btinternet.com (251292)

Children's and Young Families' Outreach Worker (for our parish and St Andrew's)

Claire Locke Email: admin@liftoff.org.uk
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Lift Off! website liftoff.org.uk